

- Enter the Inner Silence - Journey of the “Vision Quest” into the Soul of the Land - Teachings and Tradition of White Buffalo Calf Woman for this critical time on Mother Earth
- Medicine Rites of the Pink-Indigo Ray of Apu Mt. Robson
- White Drum Mesa Healing/Activation of the Third Eye Chakra – Path of the Luminous Healer

- Engage in core shamanic practices of the Medicine Walk Journey into the Underworld Landscape
- Mystical Teachings of the Levels of the Learned Mind
- Fire Ceremony of the Dark Night from the Setting Sun to Morning Light

*“Lead me from the unreal to the real!  
Lead me from darkness to light!  
Lead me from death to immortality!”*

—Brihad-aranyaka Upanishad, c. 800-400 BCE



## The Teachings of the White Drum Mesa



The Path of The White Drum Mesa Invites newcomers and elders to a weekend intensive

### Threshold of the North West

VISION QUEST OF THE LUMINOUS SHAMAN SEER

November 18, 19 and 20, 2011  
Sorrento Centre, Sorrento, BC

Facilitated by Valorie Lordi

with Valerie Owen  
and Music with weaver

# The Teachings of the White Drum Mesa

## Welcome to the Threshold of the North West

*Deepen your Journey or Enter for the First Time...*

*You are lovingly invited to enter and explore the North West Direction of the Four Great Winds. They are calling us to awaken and strengthen our unique Sacred Power as Luminous Seers and Visionary Healers.*

Utilizing the Vision Quest tradition we will be guided into a profound engagement with the natural world of the Pachamama (Mother Earth). Through the teaching principles of White Buffalo Calf Woman; within the sacred protection and knowledge of Mt. Robson and the great archetype Medicine of the White Coil Fire Amaru, (Serpent), we can surrender to a journey of immersion, stillness, and purification deep into the Elemental Realms beyond the human.



We will engage in a journey into our personal and collective INNER/ UNDERWORLD, passing through an energetic Threshold in the physical terrain of the Middle World. This will reveal the hidden landscape of our unhealed/trapped selves and parts of our story where death still holds power over LIFE, because we stay bound to "our story".

This North West direction activates a new level of Kundalini awakening in the Third Eye/Spirit Eye of the Visionary Healer and Teacher.

With the backing of the great Spiritual Presences of the Sacred mountain, White Buffalo Calf Woman, and the White Coil Fire (Amaru/Serpent) in the Quest journey, we can transform the Underworld into a Realm of Sourcing and Sacred Power from the Center of all LIFE, re-aligning our hidden selves with the Fire of Creator Vision, the enkindling of a new global energy of communion, and participate in the birthing of the LUMINOUS Human.

*We invite and welcome you to our circle...*

### Dates/Times:

Next Weekend Intensive Session  
**Threshold of the North West:**

**November 18, 19 and 20, 2011**

- at Sorrento Centre, Sorrento, BC

*Weekend retreat programs begin at 9 am on the Friday and end at noon on Sunday. The nature of the program will require full attendance from Friday morning through Sunday morning. Please make yourself available for the full weekend experience.*

### Program Fee:

\$325 + HST (\$39) = \$364.00 total for each weekend intensive session

### Accommodations & Meals are extra:

Please contact Sorrento Centre directly to arrange your meals and accommodations at: 250-675-2421 or Toll-Free: 1-866-694-2409  
- [www.sorrento-centre.bc.ca](http://www.sorrento-centre.bc.ca)

### To Register and more information:

For Threshold of the North West, if you are planning to attend please register by Friday, November 4, 2011 by contacting and sending a \$50 deposit to:

- **Michelle Morris, Registrar:**  
2917 Carson Road, Sorrento, BC V0E 2W1  
Tel: 250-675-4461 • [trackersoflight@gmail.com](mailto:trackersoflight@gmail.com)  
**NEW! Register online at: <http://alturl.com/3p2i>**

Vancouver area (info only) contact: weaver  
Tel: 604-439-0222 • [stardrum@yahoo.com](mailto:stardrum@yahoo.com)

**Future Weekend Sessions, 2012 Dates:**  
(all @ Sorrento Centre)

- **June 15, 16 and 17, 2012**
- **November 16, 17 and 18, 2012**

Please visit [www.ShamanTalk.com](http://www.ShamanTalk.com)

### Facilitator:

**Valorie Lordi**, OP, RN, M.Div., is a native New Yorker, who has devoted her life energies for the empowering and flowering of sacred consciousness, embodied and ensouled, personally and globally. Her journey has evolved through the gifts of many circles, into a Rainbow Medicine Path, now as teacher/student of the White Drum Mesa of the North.

She is a gifted experienced, multicultural facilitator whose classes are full of sacred play, ceremony, music and drum. A member of the "tribe" of US Dominican Women for over 35 years, Valorie has served in diverse roles as community health nurse, holistic educator, spiritual/guide, and social/peace activist together within communities of marginalized families in crisis, HIV/AIDS programs, Cambodian refugee camps, in urban and rural settings in New York, Latin America, Asia and Haiti.

As a student of Life, Valorie has been taught and initiated as healer/shaman/earthkeeper by indigenous teachers from the Americas, Southeast Asia, Sweden and New York. Her focus and passion is to continue listening and responding to the urgent call of Mother Earth and all her Children for transformation and healing in this critical time of a new epoch for the Human Being.  
*Mitkuye Oyasen - May all be as ONE. - sevenfires.org*

### Valorie is assisted by:

**Valerie Owen**, RN, is a nurse/counsellor. She has extensive background in individual and group therapy. She has been initiated into the healing traditions of the Inca medicine people of Peru. Valerie is a wonderful gifted teacher who shares her knowledge with mindful heart, humour and loving integrity.



**carol weaver**, is a visual artist and singer-songwriter who will be assisting and offering music - engaging us in singing and sacred chant. Singing together is one of the oldest spiritual traditions known. She is proud and honoured to care-take and carry the sacred Qilaut, a 27-inch wind drum and mesa.